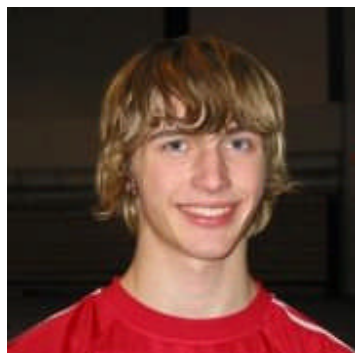


<p><b>Michael Lopatowski</b> Pole Vault, High Jump, Long Jump, Triple Jump, 60mH, 110mH, MultiEvent</p>		<p><b>London, ON</b></p>
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**PERSONAL DATA:**



<b>Sex:</b>	Male	<b>Height:</b>	6'0.5"/ 184.5cm
<b>Born:</b>	December 23, 1990	<b>Weight:</b>	156 lbs.
<b>Birthplace:</b>	London, Ontario		

<b>Residence:</b>	London, Ontario	<b>Coach:</b>	Sandy Cooper-Ryder
<b>Languages:</b>	English, Polish, French	<b>Occupation:</b>	Student

**PERSONAL BEST:**

<b>High Jump:</b>	1.95m/ 195cm	<b>60mH:</b>	8.50s
<b>Pole Vault:</b>	4.16m/ 416cm	<b>110mH:</b>	15.11s
<b>Triple Jump:</b>	12.20m/ 1220cm	<b>MultiEvent (Indoor):</b>	3132 (pentathlon)
<b>Long Jump:</b>	5.98m/ 598cm	<b>MultiEvent (Outdoor):</b>	4760 (octathlon)

**PAST PERFORMANCES:**

Event	Performance	Location	Date
High Jump	3 <sup>rd</sup> place – 1.80m	OFSAA T&F Championships – Toronto	01-03/06/2006
	2 <sup>nd</sup> place – 1.85m	WOSSAA T&F Championships – London	23-24/05/2007
	2 <sup>nd</sup> place – 1.95m	OTFA BMJ Indoor Championships – Toronto	01-02/03/2008
Pole Vault	1 <sup>st</sup> place – 3.80m	RCL Ontario Championships – Ottawa	20-21/07/2007
	4 <sup>th</sup> place – 4.02m	UWO Season Opener – London	24/11 2007
	1 <sup>st</sup> place – 4.16m	Hamilton Indoor Games – Hamilton	21-22/02/2008
Triple Jump	12.20m	Outdoor BMJ Championships – Windsor	28/07/2006
Long Jump	5.98m	University of Toronto	2007
60mH	8.91s	OTFA Indoor BMJ Championships – Windsor	03-04/03/2007
	6 <sup>th</sup> place – 8.70s	OTFA Indoor JuvS Championships – Toronto	17-18/02/2007
	3 <sup>rd</sup> place – 8.50s	Toronto TTFC	28-29/03/2008

110mH	2 <sup>nd</sup> place - 15.11s	TVRAA CEC T&F Championships – London	16-17/05/2007
	4 <sup>th</sup> place – 15.80s	WOSSAA Championships – London	23-24/05/2007
	8 <sup>th</sup> place – 15.74s	OFSAA W Regional Championships - Sarnia	01-02/06/2007
MultiEvent (indoor)	2 <sup>nd</sup> place – 3132pts	OTFA Indoor Prep. Meet #1, Combined Events and Midget/Juvenile Walk Championships	20/01/2008
MultiEvent (outdoor)	3 <sup>rd</sup> place – 4760 pts	National Junior and Senior Qualifier Meet JW 5k, Combined Events, Relays Championships	16-17/06/2007

Michael Lopatowski is an all round student and athlete. Fluent in English, French and Polish, Michael is an excellent student with career goals in Veterinary Medicine. He is one of Canada's best junior decathletes, with very strong individual performances in the High Jump and Pole Vault.

Michael has consistently been a dedicated and hard working athlete. In 2006, Michael started to focus on Track & Field and his individual performances have shown remarkable improvement. In only 2 years, Michael has improved his High Jump from 1.56m to 1.95m; Pole Vault from 2.42m to 4.17m; and the 60m Hurdles from 9.88s to 8.50s. His 2008 Indoor Pentathlon score of 3132 would rank him in the Top 2 of Canadian Junior Pentathletes and in the Top 15 of all U.S. Junior Pentathletes.

For the last 2 years, Michael has been competing in Track & Field at Mother Teresa High School in London, and at the London Legion T&F Club. He is a strong individual contributor, but Michael enjoys being part of a team. He won his high school's first Ontario Championship Medal in the High Jump and he has been a major part of the 3 consecutive Ontario Team Championships won by London Legion T&F.

Outside of track, Michael has played competitive soccer. He also enjoys skiing, snowboarding, rollerblading, basketball, volleyball and football. He enjoys spending time with his friends. Michael has taught himself how to play the guitar. He also loves to travel and the opportunity to meet new people.